



Spa Guide

Welcome Book



Unwind

Relax



Indulge

Helpful Tips and Booking Advice



Helpful Tips Before your Treatments

Eyelash, Eyebrow Tinting, Lash Lift Treatments, Waxing and Sienna X Spray Tan require a patch test 48 hours before your appointment.

Do not have any heat treatments 24 hours before or after waxing, including sauna, steam, swimming, sunbathing & sunbeds.

It is recommended that you have at least three weeks of hair growth before waxing treatment (5-10mm).

After your spray tan treatment, wear loose, dark clothing and flip-flops or loose-fitting shoes. Tight clothing will cause your tan to rub off.

Remove unwanted hair 48 hours before your spray tan.

Exfoliate regularly, especially the day before a spray tan, unless you have the Full Body Exfoliation and Spray Tan combined treatment.

Do not moisturise or use skin lotion on the day of your tan. Remove makeup, deodorant, and perfume before your tan, as they can be a barrier.

If you wear contact lenses, please remove them before spray tanning, facial or eye treatments.

Booking Advice

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Please book your treatment and group packages well in advance to avoid disappointment.

Arrival Time

Guests are advised to arrive 10 minutes before an appointment to relax before treatments or spa experiences. Regretfully, late arrival will result in a reduction in your treatment time.

Consultations

All treatments will only be carried out after a full consultation. Your therapist reserves the right to refuse treatment.

Cancellation Policy Courtesy

Please give at least 24 hours' notice if you need to cancel a spa appointment.

Gift Vouchers

Gift vouchers are available for treatments. They cannot be exchanged for products and are valid for six months from the date of purchase.

Children and Babies

Orchard Spa cannot allow children and babies on our premises.

Women and Couples Only

For comfort, Orchard Spa Retreat is a women-only spa. Men's treatments are only available when pre-booked as part of the Afternoon Tea Package or by couples staying at our on-site lodges.



Contact Orchard Spa



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